

Taking part in the Reclaim: Together We Rise program made me reflect on how limited women's representation still. Even though we often hear that things are improving, many systems are still shaped in ways that make it harder for women to fully participate or be taken seriously.

One of my biggest learnings from the program was how much systems still shape who gets heard and who doesn't. Policies, leadership structures, and corporate cultures are still largely built by men and for men, which means women often have to work harder just to be seen as legitimate. At the same time, I also realized how easy it is to forget about privilege, even within women's spaces. What stood out to me most was the environment itself it was supportive, open, and genuinely encouraging. Being surrounded by women who listened, shared experiences, and supported each other without competition made a huge difference.

To women trying to reclaim space in the public sphere: don't wait until you feel fully ready. Take space in the way that feels right to you, trust that your perspective matters, and support other women when they speak. Creating spaces like this showed me how powerful that kind of support really is.