

Learning Journal

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Facebook post

As a young woman, have you ever struggled to reclaim your space – in a classroom, on public transport, in a political campaign, in a courtroom, or in the media? Have you encountered master suppression techniques, faced waves of hateful reactions on social media, been underestimated by your own family, or felt injustice in situations that would likely have ended differently if you were a man?

These are the stories women around the world experience to varying degrees. Raising your voice, setting boundaries, and calling out misbehaviour are powerful acts of resistance. While women continue to face structural obstacles on their way to becoming politicians, CEOs or STEM experts, they can build on their shared experience of unequal opportunities. Female solidarity, cooperation, and sensitivity to intersectional and diverse backgrounds are the pathways to overcoming these barriers, gaining male allies, and co-creating systems where young women can speak freely, pursue their careers, and shape their lives with dignity and confidence.

I am committed to supporting my peers – in their life choices, their election campaigns, their businesses, and their personal growth. I will stand with them when disinformation campaigns target their social media profiles, when they negotiate fairer distribution of housework at home, and I will celebrate every success along the way. Together, we can become role models for others.

I believe that breaking gender stereotypes and building a society where all people – regardless of gender, race, ethnicity, origin, or sexual orientation etc. – are respected and can fully strive for happiness and dignity is possible through our shared effort and unwavering solidarity.

